

# CANCER UPDATE FROM FAMOUS NORTH AMERICAN HOSPITAL

(text in red is Ming's comments)

What is being said in general has already been dealt with by medical qigong practices for centuries. So far, the cure rate of cancer by Western conventional approaches is far from ideal. The root energetic cause of cancer has not been considered by conventional methods of treatment, but is the target of treatment provided by medical qigong practices. By Ming Kit (Klotz) Kwan

1. Every person has cancer cells in the body. These cancer cells do not show up in the standard tests until they have multiplied to a few billion. When doctors tell cancer patients that there is no more cancer cells in their bodies after treatment, it just means the tests are unable to detect the cancer cells because they have not reached the detectable size.

Normal cells can be transformed into cancer cells if stimulated by appropriate or cancerous energies. In a report at the World Qigong Conference in US some time ago on cancer, a famous medical qigong practitioner from China reported to be able to follow the development of cancer in his studies. He was able to see the stimulating cancerous qi energy in the patients' bodies for a period of about 10-20 years before cancer tumor appeared. In his clairvoyant sight, the cancer energy initially appeared as a very bright light, but, as the cancer developed, it would turn dark, from gray to black. Inside the cancer, the energy was highly toxic and was very black. China had been using medical qigong practices to fight and destroy cancer tumors, but the practice was not publicized. Medical qigong had been practiced in secrecy until after the Chinese Cultural Revolution in the 1970s. Somehow, if this stimulating cancerous qi is expelled out of the body early, cancer will not have developed. Medical qigong practices will help you to achieve this.

2. Cancer cells occur between 6 to more than 10 times in a person's lifetime.

3. When the person's immune system is strong the cancer cells will be destroyed and prevented from multiplying and forming tumors.

A strong immune system is important to fight and to destroy cancer as well as to avoid complications produced by the side effects of drugs and radiation. Frequently, the qi system of cancer patients are weak, there is not enough core qi energy to stimulate the immune cells for peak performance. As a result, the immune function of cancer patients is down. Medical qigong practices will bring new qi energies from the universe into the patient's core qi reserve which will in turn stimulate and boost the immune system. China had been using medical qigong for terminally and medically inoperable and untreatable cancer patients. Medical qigong should be practiced to prevent diseases and cancer, and it should even be used for early cancer patients to complement conventional modalities.

4. When a person has cancer it indicates the person has multiple nutritional deficiencies. These could be due to genetic, environmental, food and lifestyle factors.

Cancer has many causes as outlined. But in the view of medical qigong, the root cause of cancer comes from certain subtle qi energies. They can be from food, environment, or in the genes, as everything, whether animate or inanimate, is filled with different qualities of subtle qi energies. Lifestyle, emotional and stressful situations can transmute the core stimulating vital qi energies into toxic cancer stimulating energies. Because there is now less core qi energy in the body for the immune system, the system will be lowered and the patients' ability to fight and prevent cancer will be compromised.

5. To overcome the multiple nutritional deficiencies, changing diet and including supplements will strengthen the immune system.

6. Chemotherapy involves poisoning the rapidly-growing cancer cells and also destroys rapidly-growing healthy cells in the bone marrow, gastro-intestinal tract etc, and can cause organ damage, like liver, kidneys, heart, lungs etc.

7. Radiation, while destroying cancer cells, also burns, scars and damages healthy cells, tissues and organs.

6 & 7. Chemotherapy and radiation will also destroy immune cells and hence the entire patient's immune system will be compromised or even destroyed. Here in the Kootenay Qigong Wellness Center, we have been helping cancer patients and have come up with these observations:

a). Cancer patients who received chemotherapy and radiation during medical qigong sessions, will have a longer life expectancy and will endure less suffering and pain. They also tend to be more peaceful, calm and less afraid to die. Medical qigong cannot overcome the severe side effect of continuous drug therapy and radiation and is not able to boost the immune system to an adequate level in such cases.

b). Cancer patients who stopped receiving chemotherapy and radiation treatments during medical qigong sessions, had a better chance to go into remission. See breast cancer patient testimonial in my web-site. China has conducted research using medical qigong treatment on thousands of advanced and terminally cancer patients. Patients spent many hours per day in the research clinic practicing high quality medical qigong. They went on fasting and received potent qi energy treatments from high level advanced medical qigong practitioner to destroy cancer cells. Many of these patients went into long term remission. Some had lived over 10 years.

8. Initial treatment with chemotherapy and radiation will often reduce tumor size. However prolonged use of chemotherapy and radiation do not result in more tumor destruction.

Initial treatment with chemotherapy and radiation will often reduce tumor size. But, in medical qigong's point of view, once the cancer cells are destroyed, the highly toxic cancerous energies contained in these cells will be liberated and dissipated throughout the patient's body. Frequently, the qi system of advanced cancer patients and old cancer patients is very weak that it is unable to expel the cancerous energies out of their bodies. As a result, normal cells are stimulated and transformed into cancer cells by these energies in a relative short period of time to start new cancer tumors, some in new sites, and for these patients, the prognosis is poor. For young adults or early cancer patients, they still have plenty of qi core reserve to expel cancerous energies completely or partially, so these patients will have a much favorable prognosis and longer survival. Medical qigong practices will help cancer patients to bring in fresh qi energy from the universe to expel cancerous and sick qi out of the body and to avoid secondary cancer occurring.

9. When the body has too much toxic burden from chemotherapy and radiation the immune system is either compromised or destroyed, hence the person can succumb to various kinds of infections and complications.

10. Chemotherapy and radiation can cause cancer cells to mutate and become resistant and difficult to destroy. Surgery can also cause cancer cells to spread to other sites.

If you introduce incompatible energies into the cells, it will change the normal cellular energies into a new and different form that will affect normal cellular function and integrity. For example, if you introduce untrained farm-workers to build cars in the automobile factory, you should expect the product and the quality turned out to be quite different and inferior. It is no wonder that the effects of chemotherapy and radiation will cause cancer cells to mutate making them more difficult to be destroyed.

11. An effective way to battle cancer is to starve the cancer cells by not feeding it with the foods it needs to multiply.

Starving cancer cells of nutritional energies and destroying cancer cells with strong qi energies and then expelling abnormal cancerous qi energies from the body have been an essential component of medical qigong healing strategy on cancer. Using this method, thousands of advanced cancer patients have been brought into remission as shown in research studies.

## **CANCER CELLS FEED ON:**

- a. Sugar is a cancer-feeder. By cutting off sugar it cuts off one important food supply to the cancer cells. Sugar substitutes like Nutra Sweet, Equal, Spoonful, etc are made with Aspartame and it is harmful. A better natural substitute would be Manuka honey or molasses but only in very small amounts. Table salt has a chemical added to make it white in colour. Better alternative is Bragg's aminos or sea salt.
- b. Milk causes the body to produce mucus, especially in the gastro-intestinal tract. Cancer feeds on mucus. By cutting off milk and by substituting with unsweetened soya milk, cancer cells are starved.
- c. Cancer cells thrive in an acid environment. A meat-based diet is acidic and it is best to eat fish, and a little chicken rather than beef or pork. Meat also contains livestock antibiotics, growth hormones and parasites, which are all harmful, especially to people with cancer.
- d. A diet made of 80% fresh vegetables and juice, whole grains, seeds, nuts and a little fruit help put the body into an alkaline environment. About 20% can be from cooked food including beans. Fresh vegetable juices provide live enzymes that are easily absorbed and reach down to cellular levels within 15 minutes to nourish and enhance growth of healthy cells. To obtain live enzymes for building healthy cells, try and drink fresh vegetable juice (most vegetables including bean sprouts) and eat some raw vegetables 2 or 3 times a day. Enzymes are destroyed at temperatures of 104 degrees F (40 degrees C).
- e. Avoid coffee, tea, and chocolate, which have high caffeine. Green tea is a better alternative and has cancer-fighting properties. Water-best to drink purified water, or filtered, to avoid known toxins and heavy metals in tap water. Distilled water is acidic, avoid it.
12. Meat protein is difficult to digest and requires a lot of digestive enzymes. Undigested meat remaining in the intestines become putrefied and leads to more toxic buildup.
13. Cancer cell walls have a tough protein covering. By refraining from or eating less meat it frees more enzymes to attack the protein walls of cancer cells and allows the body's killer cells to destroy the cancer cells.
14. Some supplements build up the immune system (IP6, Flor-sence, Essiac, anti-oxidants, vitamins, minerals, EFAs etc.) to enable the body's own killer cells to destroy cancer cells. Other supplements, like vitamin E, are known to cause apoptosis, or programmed cell death, the body's normal method of disposing of damaged, unwanted, or unneeded cells.
15. Cancer is a disease of the mind, body, and spirit. A proactive and positive spirit will help the cancer warrior be a survivor. Anger, unforgiveness and bitterness put the body into a stressful and acidic environment. Learn to have a loving and forgiving spirit. Learn to relax and enjoy life.

As mentioned before, negative emotional and stressful situations will deplete one's core qi energy reserve, so less qi energy will stimulate the immune cells (see item 4 for explanation). Positive thoughts, loving, forgiving and relaxation will bring in high vibration qi energy into the body that will further stimulate and

boost the immune system. Medical qigong will achieve this and for this we recommend patients to practice 5-element medical qigong.

16. Cancer cells cannot thrive in an oxygenated environment. Exercising daily, and deep breathing help to get more oxygen down to the cellular level. Oxygen therapy is another means employed to destroy cancer cells.

It is true cancer cells cannot thrive in an oxygenated environment. Medical qigong practices and healing will bring in fresh qi from outside into the qi circulation system. It has been the view in traditional Chinese medicine that when qi is moving strongly, blood will also move strongly. More movement of blood will bring more oxygen to the cells, including cancer cells. It is a common practice that qigong practitioners and patients feel increased body warmth and improved facial color after practicing medical qigong or receiving qi therapeutic treatment.